



## Active holidays Slovenia, Austria, Italy and Croatia

We've all been on holiday and seen others participating in outdoor pursuits and felt like having a go ourselves. Whether it's a new experience that you wish or that you want to broaden your current knowledge or experience a challenge in new environment...



We can now offer you an active and educational breaks in Slovenia, Austria and Italy. With us you can:

- experience the satisfaction of the amazing sceneries
- share the excitement of photo - hunting
- enjoy the peace and remoteness of the mountains
- embrace the cultural and culinary richness of the Alpine valleys, the kindness of its people and the magic of rivers, waterfalls, canyons and caves.



Our goal is to show you the countries in the Alps all the way to the Adriatic sea. Whether you are looking for a relaxing gateway into the wild, to enjoy the natural beauty of the unspoiled nature, participate in interesting workshops of traditional crafts, hunt for pictures on an exciting photo safari, or if you want to arrange an active, safe and educational holiday for your children. And in between you will get the opportunity to challenge yourself through either adrenalin sports or your own physical capabilities.



Whether you are a family - with little children, adults seeking for real adventure, an athletic individual seeking for a challenging adventure or just looking for a chance to empty your mind and leave your worries behind for a few days... Our active holidays are suitable for everyone.



**“From time to time you should take a break and enjoy the nature and see that you can go further than you ever thought you can go.”**



**Our goal is to provide an interesting and un - forgetful experience for you, to provide you a safe and challenging break, that will leave a trace of satisfaction and self confidence and a chance to rest your troubles for a while....**

**Our offer:**

Tailor made activities for groups or individuals

Summer activities:	Water sports:	Winter activities:	Theme activities :
Hiking Trekking Nordic walking Photo safari Cycling Ballon, aircraft and parachute Paragliding Cave trekking Cave cycling Horseback riding Golf Tresure hunting	Rafting Canyoning Kayaking Swimming Hydrospeeding Water skiing Wake boarding Old - style rafting Canoeing Diving Boating	Skiing Snowboarding Cross-country skiing Skating Sledding Ski touring Ice - climbing Sledding Night sledding Snowshoeing Night snowshoeing Snowrafting Dog sledding	Igloo village Indian village Alpine village Thematic and sightseeing trails Old-craft workshops Fotosafari Culinary cycling Tresure hunting Traditional food and cultural heritage Dog rescue search

Our packages involve: accommodation, transfer, professional guides, activities organisation.

**SAMPLE ITINERARY**

# Multi active holiday in Slovenia

- from the Alps to the Adriatic sea -

<b>Length of stay:</b>	10 days
<b>Type of services:</b>	coach, accommodation, local guide
<b>Type of holiday:</b>	Active holidays suitable for smaller groups
<b>Type of accommodation:</b>	Sleeping in huts, farm houses, pensions.
<b>Level of difficulty:</b>	Moderate (basic condition, ability to walk for three to four hours/day, healthy, cycle to 30 km per day)
<b>Point of arrival:</b>	Possible pick-up in Ljubljana or nearby airport (Venice, Vienna, Munich,...)



## Day 1 – Ljubljana, Logarska valley

Arrival to Ljubljana – the capital city. After arriving we will take a quick look at the Slovenian capital city. You will learn something about the locals and local habits, take some time for exploring the **Ljubljana Old Town** with its incredible baroque buildings and lively centre. With a funicular we'll visit Ljubljana Castle overlooking the City of Dragon and optionally river cruise sail along river Ljubljanica. After we will drive to Logarska valley. A dinner and overnight in the tourist farm house.



## Day 2 – Logarska valley - an active day

Today we will enjoy one of the most beautiful Alpine valleys.

Morning: sightseeing, walking along the thematic trail in Logarska valley. A walking path (2–3 hours) through the valley leads past a number of points of interest: the source of Črna creek, wooden logging chutes, a burl-covered ash tree, a charcoal-maker's hut, all the way to the Rinka waterfall.

Afternoon: optional - a trip to the Sv. Duh village – panoramic route, with amazing view, for more adventures we can organize a paragliding experience, a horse riding experience, a try out at climbing...



## Day 3 – Logarska valley – Kranjski rak – Velika Planina – Kamnik (4 – 5 hour walk – the whole day)



After breakfast a drive to Kranjski rak where we will start day trip up to Velika Planina, ( 1 hr 35 min easy walk) where we will visit a herdsmen village. After we will return on the other path that will take us to Kamniška Bistrica where the bus will be waiting to take us to Bled. Accommodation in nice hotel with small spa. (optionally it is possible to climb Velika Planina with the cable as well).



#### Day 4 - Bled – day for rest, sightseeing

Today we have a rest day in famous spa resort Bled. We recommend to visitors, who are interested in learning something more about Bled, to take a sightseeing tour around this resort. Bled was discovered by the tourists in the middle of the 19th century, after a Swiss doctor Arnold Rikli built a climactic health centre there.



Bled is often mentioned as the pearl of the Alpine region. It is unique with its emerald-green lake, a church on the island in the middle of the lake and a medieval castle from the 11th century, perched on a cliff above the lake.

After a bus ride around the lake a guided tour of Bled castle will start. Then you will be taken by Bled's typical "pletna" boat to the island.

#### Day 5: Lake Bohinj - Savica waterfall – Komna – Triglav Lakes (5 h walk)

First we take a look at Savica waterfall, Sava Bohinjka's spring that is the source of Lake Bohinj. Then we will use a gravel path made by soldiers in WW1 to climb Komna and from here on over a few solitary mountains to the mountain hut near Triglav lakes, where we will spend the night in the mountain hut.

Altitudes: Savica waterfall (653m), Komna (1520 m), Triglav lakes (1685 m)



#### Day 6: Triglav Lakes – Štapce – Zelnarica – Planina Ovčarija – Planina near the lake –Blato Mountain: 5 h



*The only difficult spot of this trip are a few meters of ladder (steps), near the peak of Štapce pass. Then we take an easy path across mountains to Blato Mountain, where transport awaits.*

Altitudes: Triglav Lakes: 1685 m (Mountain hut near Triglav lakes), Štapce: 1851 m, Planina Ovčarija: 1660 m, Planina pri jezeru: 1453 m (Planina near the lake mountain hut), Blato Mountain: 1147 m. A transfer to Bled – overnight.

#### Day 7: Vršič pass – Soča River canyon – Bovec – CYCLING tour



From Bled we drive through Radovna River valley towards the largest Slovenian ski resort – Kranjska Gora. After a short break we continue towards the mountain pass Vršič (1611 m), which is located at the center of Triglav National Park. From Vršič, we ascend into the Trenta Valley, home of the well known Soča River. Our bicycling tour for today starts here. The tour takes us through the idyllic alpine surrounding of the Trenta Valley, from the spring, along the river-bed, past Kluže Fort, all the way to Bovec. We spend the night in Bovec.

Bicycle track length: approximately 30 km, approximate time of duration: 3 – 4 hours



### Day 8: Soča river valley

**Bovec**, where in a well-known sports centre the experienced masters of “rafting” will already wait for us. Dressed in special clothes and equipped with life jacket, helmets and informed about a river and “rafting” we will set out on our entertaining journey. After the last descent the instructors will reward us with special recognition.



You can chose canyoning as an optional tour.

If you prefer heights to the river rapids you will have a wonderful opportunity to climb on Mount Kanin. With a cable car we will ascend on the height of approximate 2.400 m and in good weather we will enjoy the pure mountain air and breathtaking view. Full of beautiful impressions we will turn back to the valley where we will join to the rest of the group having a diverting picnic at the emerald river. If we won't be too tired of all these adventures, we will visit also the **spring of the river Soča**, which with the blue-green color enchants even the most exacting visitors.

For history buffs in the nearby village of Kobarid you can check the award winning WW1 museum – this area witnessed the largest mountain battle in human history with Rommel and Hemigway being present.

### Day 9: Karst region – Škocjan caves - Piran - sightseeing



After breakfast drive through the heart of Karst region (the original Karst, after which all such terrain types around the world got their name), passing Komen, Dutovlje and Tomaj, the birth place of our famous poet Srečko Kosovel. Through Sežana we will continue to the Region Park of **Škocjanske jame** (Caves of Škocjan). After the visit of this world famous karst wonder, which is on UNESCO's World Heritage List, we will drive over Črni Kal to Slovenian Istria. We will visit a small village of **Hrastovlje** and the Church of Holy Trinity with the famous fresco of the Dance of the Dead. We will have some more free time in the seaside city of **Piran**, where you can walk through the mystic streets or visit one of the numerous coffeehouses that this medieval city offers. This pleasant break will follow the drive (for additional payment by boat Solinariko) to the Nature Park **Sečoveljske Soline** (The Sečovelje Salina). In the Ethnographical Museum we will get to know how the salt was produced since the early beginnings till today. (optional). In the nearby village **Sveti Peter** we will visit the remarkable Tonina-house, which owns the original oil press from the beginnings of the last century. On your request we will conclude this gathering with a dinner in a famous tourist farm (optional).

### Day 10 : Piran –Fiesa – scuba diving or riding the hydrofoil



In the morning we drive to the Slovenian coast, where we dress into diving-suits, put on masks and breathing devices and perform intro dive in Fiesa or riding the hydrofoil. If the water is warm, there will be plenty of time also for sunbathing and swimming.





### Optional offer for active day in Logarska valley:

#### Horse riding



For all who love animals, horse riding is the perfect sport to choose. Mount a horse with a help of our horse riding instructor or go for an individual horse riding trip.

#### Nordic walking



Becoming more and more popular, nordic walking is the activity of walking for fitness using specially designed poles which help unweight your knees and hips. With the help of an experienced instructor you will learn the right nordic walking technique.

#### Skydiving



Experienced skydivers will take you to the sky where you will be able to see the Upper Savinja Valley from another perspective – pure relaxation for your body and mind.

#### Archery



This is a sport for beginners as well as for professionals. We can teach you how to handle a bow and arrow and you can rent the archery equipment and try it on the 3D archery targets.

#### Caving



The Upper Savinja Valley is known for its cliffs and karst caves, among which Snezna jama (the Snow Cave) is the most well known one. All adventurers are welcome to come and discover secluded caves with us!

Overnight on a tourist farm.

TOUR OPERATOR **HAPPY TOURS**

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# THE FARYTALES OF THE ALPS

*From the kingdom of Goldhorn to the wonder lands of dwarf king Laurin*



*Hiking in The Julian Alps and Dolomites*



**HAPPY TOURS, Družina Krumpak d.o.o., Ljubljanska cesta 106a, 1230 Domžale, SI - SLOVENIA**

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## ITINERARY:

### DAY1:– Soča River canyon

A drive from Venice airport to Slovenia. The tour takes us through the idyllic alpine surrounding of the Trenta Valley, all the way to **Bovec**. We spend the night in Bovec and tomorrow we will enter the kingdom of the Goldhorn and learn about his story. Camping at beautiful river Soča.



### DAY2: Vršič pass -- Triglav Lakes

First we take a look at Savica waterfall, Sava Bohinjka's spring that is the source of Lake Bohinj. Then we will use a gravel path made by soldiers in WW1 to climb Komna and from here on over a few solitary mountains to the mountain hut near Triglav lakes, where we will spend the night in the mountain hut. Walking hours: approx. 5.

### DAY3: Triglav Lakes, Bohinj:

The only difficult spot of this trip are a few meters of ladder (steps), near the peak of Štapce pass. Then we take an easy path across mountains to Blato Mountain, where transport awaits. Camping at river Soča. Walking hours: approx. 5.



### DAY4: Bohinj, Cortina de Ampezzo

A drive to Cortina De Ampezzo, at the heart of the Ladin-speaking culture. In the next days we will do a lot of walking, so today we take a free afternoon to relax, briefing and welcome dinner with our local guides. A visit to Cortina and sightseeing in the little town in the middle of the Alps. We will camp near Cortina.

### DAY5: Castelletto / Tofane

Ascent to Lagazuoi (2,790 m) by cable car ( additional fee). Wonderful views of Civetta, Pelmo, Tofana; almost all peaks over 3,000 m of the Dolomites are visible! We walk to the deeply fissured rock of Castelletto (2,450 m). There we get an insight of the battles between Italians and Austrians. Descent to Passo Falzarego. Transfer back to our camp. Walking hours approx. 5-6.

### Day 6: Marmolada

Today we will ascent to Marmolada and learn about the beautiful girl who use to leave in this region named **Conturina** and why her song is still heard in the winds around Marmolada. Transfer with wonderful views of the Marmolada, ascent by cable car. At the edge of the glacier we hike to the Cima Dodici (Sas de Mez) with its old military positions. Exciting descent to Col de Bous (2,350m), Gran Poz and back to the Fedaja Reservoir. Walking hours: approx. 5.



### Day 7: Andraz / Col di Lana

Transfer to the ruin of Castle Andraz and to Castello (1,720 m). Ascent to Col di Lana (2,465 m), a place where hard battles have taken place during World War I. We continue our hike to Passo Valparola and enjoy fascinating views of the Dolomites of Ampezzo and Sesto during our whole walk. Walking hours: approx. 5.



### Day 8: Monte Piana

Transfer to Lago di Misurina (1,760 m). Hike to Monte Piana. Visit the open-air museum with the original war positions, which have been restored in the last years. Exciting views of the Tre Cime di Lavaredo and Monte Cristallo. Back to Misurina and Cortina, where you have a coffee break and visit the interesting Geological Museum. Walking hours: approx. 4-5.

### Day 9: Nuvolau / Cinque Torri

Easy rock steps lead us to the peak of Nuvolau (2,575 m), where we have a break and enjoy the wonderful views. Around the bizarre Cinque Torri (Three Towers) we walk back to Passo Giau. Farewell Dinner at the hotel. Walking hours: approx. 4:30.

### Day 10: Tre Cime de Lavaredo

One of the most magnificent walks of the entire trip is by far meandering under the massive face of Lavaredo and the surrounding peaks. We drive pass the lovely Lago Misurina and then onwards to the Rifugio Auronzo. From here we start the hike. We will be passing under the dramatic south faces of the Lavaredo peaks. The Tre Cime di Lavaredo (three peaks) are some of the most coveted climbs in the Alps for obvious reasons. Vertical walls reaching nearly 3000 meters make for exciting adventures. We will then make our way to the Bullelejoch Hut for lunch (additional fee), one of the most impressive rifugios of all the Dolomites. Perched high on the craggy ridge, the hute pitomizes what the Dolomites are all about: good food, amazing hospitality, vibrant culture and stunning views.

After lunch we will hike past the Locatelli hut back to Rifugio Auronzo, and then a drive to Cortina. Walking hours: approx. 4-5.

### Day 11: Merano, The Gardens of Trauttmansdorff Castle and Val Senales

Today we will spend a day sightseeing for we can not miss an incredible experience in the Gardens of Trauttmansdorff Castle are located just outside of Merano (Meran) in the formerly Austrian province of Südtirol or South Tyrol – called Alto Adige in Italian. The inspiring and vibrant Gardens cover an area of just twelve hectares yet are the most popular tourist attraction in South Tyrol. They comprise more than eighty garden worlds featuring plants from across the globe. Optional it is possible to take an afternoon tour on the highest cable car in South Tyrol to the world of Val Senales (3212 m) a place of perpetual ice, near the spot where the

mummified "Iceman" Otzi was discovered. Glacier Restaurant with a view of countless 3,000-metre-high mountain peaks, where we can enjoy the incredible view with a cup of coffee and cake and also visit the Ötzi Gallery and Glacier Worlds exhibition. In the evening we will return to the kingdom of king Laurin, one of the most beautiful regions in the Dolomites. We will check in a camp near Bolzano and overnight.

We will spend the next days between the **Trudner Horn Nature Park** and the **Puez-Geisler / Puez Odles Nature Park**, where the **seven mountain villages** of the region are framed by the picturesque Alpine scenery, foremost the impressive **Schlern / Sciliar Massive**, the **Rose Garden Group**, the **Latemar**, as well as the **Schwarzhorn / Corno Nero** and the **Weisshorn / Corno Bianco**.





*Perhaps the most-beautiful view of the "Pale Giants" is of the Rose Garden Massive as it shimmers in the crimson twilight, a sight which has become memorialized in the legend of King Laurin: Because of his unrequited love for the beautiful Princess Simhild, King Laurin cursed his Rose Garden, which had previously been his pride and joy. "The glorious roses shall never again see either the bright light of day or the darkness of the night!" But King Laurin forgot about the twilight, the time between day and night. Since that time, the Rose Garden is bathed in a delicate crimson every evening and morning.*

But we will learn much more than the Legend of King Laurin during your holidays here. There's also the story of the dragon-slayer "Starkwölfl," the "Dolls of Latemar," the legend of Kasererbild in Steinegg / Collepietra, and the mermaid of Lake Karer / Lago di Carezza, who gave the rainbow its colors.

#### Day 12: Bolzano, White Horn

Today we take easy to medium-hard hike in which we will climb to the summit of White Horn and enjoy the magnificent view of the Dolomites. White Horn is 2,313 meters above sea-level. We will descent via the Jochgrimm (Passo di Oclini) returning to the and Laab Alm. Walking hours: approx. 6-7..

#### Day 13: Bletterbach Gorge

An easy hike offering marvelous natural scenery and with lots of information about the natural history of this area. Participants will explore the geologically interesting Bletterbach Gorge, which derives from the northwest flank of the White Horn. Walking hours: approx. 5-6.



#### Day 14: Rifugio Torre di Pisa

Today we take on a challenge to reach the Rifugio of Torre di Pisa in the beautiful Latemar. This is a medium-hard hike with a good panoramic view. The name comes from the leaning tower, we will pass on the way which reminds us at the leaning tower of Pisa.

Walking hours: approx. 5.

#### Day 15: Bolzano

The last day we will spend in Bolzano the capital of the province of South Tyrol. Bolzano has a medieval city center, Gothic and Romanesque churches and bilingual signage give it a unique flavor of a city at the crossroads between Italian and Austrian cultures. This, and its natural and cultural attractions make it a renowned tourist destination. We will also visit the South Tyrol Museum of Archaeology where the famous Otzi –the iceman is kept and learn about his story.